

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<ol style="list-style-type: none"> 1. Apple Juice 2. Malt-O-Meal 3. Egg of Choice 4. White/Wheat Toast 5. Margarine 6. Jelly 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Dry Cereal of Choice</p>	<ol style="list-style-type: none"> 1. Cranberry Juice 2. Oatmeal 3. Scrambled Eggs 4. White/Wheat Toast 5. Margarine 6. Jelly 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Dry Cereal of Choice</p>	<ol style="list-style-type: none"> 1. Orange Juice 2. Cream of Wheat 3. Egg of Choice 4. Bacon 5. White/Wheat Toast 6. Margarine 7. Jelly 8. 2% Milk 9. Coffee <p>* -- SUBSTITUTES -- Dry Cereal of Choice</p>	<ol style="list-style-type: none"> 1. Grapefruit Sections 2. Malt-O-Meal 3. Sausage Link 4. White/Wheat Toast 5. Margarine 6. Jelly 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Orange Juice Dry Cereal of Choice Egg of Choice</p>	<ol style="list-style-type: none"> 1. Pineapple Juice 2. Cream of Wheat 3. Egg of Choice 4. White/Wheat Toast 5. Margarine 6. Jelly 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Dry Cereal of Choice</p>	<ol style="list-style-type: none"> 1. Grape Juice 2. Farina 3. Egg of Choice 4. Biscuit 5. Margarine 6. Jelly 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Dry Cereal of Choice White/Wheat Toast</p>	<ol style="list-style-type: none"> 1. Orange Juice 2. Oatmeal 3. Egg of Choice 4. Cinnamon Roll 5. Margarine 6. 2% Milk 7. Coffee <p>* -- SUBSTITUTES -- Dry Cereal of Choice White/Wheat Toast Jelly</p>
<ol style="list-style-type: none"> 1. Meat Loaf 2. Baked Potato 3. Corn O'Brien 4. White/Wheat Bread 5. Margarine 6. Sour Cream 7. Orange Sherbet 8. 2% Milk 9. Coffee <p>* -- SUBSTITUTES -- Baked Glazed Ham Seasoned Green Peas</p>	<ol style="list-style-type: none"> 1. Pork Roast 2. Pork Gravy 3. Mashed Potatoes 4. Winter Squash 5. White/Wheat Bread 6. Margarine 7. Frosted Carrot Cake 8. 2% Milk 9. Coffee <p>* -- SUBSTITUTES -- Beef-a-roni Riviera Mix Veggies</p>	<ol style="list-style-type: none"> 1. Beef Tips in Gravy 2. Mashed Potatoes 3. Scandinavian Mix Veg 4. White/Wheat Bread 5. Margarine 6. Lemon Square 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Breaded Fish Fillet Savory Carrots</p>	<ol style="list-style-type: none"> 1. Rancher's Chicken 2. Au Gratin Potatoes 3. Seasoned Diced Beets 4. White/Wheat Bread 5. Margarine 6. Chocolate Pudding 7. Whipped Topping 8. 2% Milk 9. Coffee <p>* -- SUBSTITUTES -- BBQ Pork Ribs Seasoned Mixed Vege</p>	<ol style="list-style-type: none"> 1. Lemon Pepper Fish 2. Parslied Potato 3. Glazed Baby Carrots 4. White/Wheat Bread 5. Margarine 6. Caramel Cheesecake 7. Coffee 8. 2% Milk <p>* -- SUBSTITUTES -- Roast Turkey Cauliflower & Cheese</p>	<ol style="list-style-type: none"> 1. Baked Ham 2. Glazed Sweet Potato 3. Peas & Mushrooms 4. White/Wheat Bread 5. Margarine 6. Fruit Cocktail Cake 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Sallsbury Steak & Grav Tossed Salad</p>	<ol style="list-style-type: none"> 1. Roast Beef 2. Brown Gravy 3. Mashed Potatoes 4. Green and Gold Beans 5. Wheat Roll 6. Margarine 7. Cherry Pie 8. 2% Milk 9. Coffee <p>* -- SUBSTITUTES -- Baked Pork Chop Broccoli Normandy</p>
<ol style="list-style-type: none"> 1. Chicken & Dumplings 2. Seasoned Green Beans 3. Winter Fruit Cup 4. Brownie 5. 2% Milk 6. Coffee <p>* -- SUBSTITUTES -- Four Cheese Pizza Confetti Cole Slaw</p>	<ol style="list-style-type: none"> 1. Turkey Melt 2. Split Pea Soup 3. Perfection Salad 4. Saltine Crackers 5. Blushing Pears 6. Coffee 7. 2% Milk <p>* -- SUBSTITUTES -- Tuna Salad Sandwich Pickled Beets</p>	<ol style="list-style-type: none"> 1. Ham & Potato Cassero 2. Seasoned Broccoli 3. White/Wheat Bread 4. Margarine 5. Caramel Apple Slices 6. 2% Milk 7. Coffee <p>* -- SUBSTITUTES -- Roast Beef Sandwich Marinated Gr Bean Sld</p>	<ol style="list-style-type: none"> 1. Frech Fries 2. Cold Cut Sandwich 3. Creamy Cole Slaw 4. Mayonnaise 5. Saltine Crackers 6. Mandarin Oranges 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Western Omelet Seasoned Green Peas Dinner Roll</p>	<ol style="list-style-type: none"> 1. Sausage Patty 2. Belgian Waffle 3. Tomato Juice 4. Margarine 5. Syrup 6. Bananas & Cream 7. 2% Milk 8. Coffee <p>* -- SUBSTITUTES -- Cottage Cheese & Fru Vegetable Soup</p>	<ol style="list-style-type: none"> 1. Chicken Patty on Bun 2. Baked Beans 3. Mayonnaise 4. Chilled Pear Halves 5. 2% Milk 6. Coffee <p>* -- SUBSTITUTES -- Steak Fingers & Gravy Capri Mix Vegetables</p>	<ol style="list-style-type: none"> 1. Ham Salad on Croissa 2. Bean and Ham Soup 3. Saltine Crackers 4. Ambrosia 5. 2% Milk 6. Coffee <p>* -- SUBSTITUTES -- Hamburger on Bun Whole Kernel Corn</p>